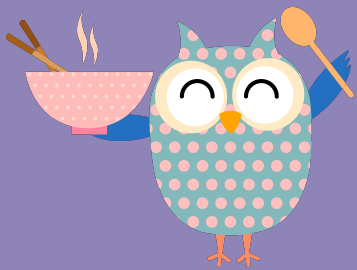


All Grades!

WOULD YOU Rather...?



Food Edition: #1



Question Categories Include:
Cooking
Foods
Farming & Agriculture
Sustainability
Health & Nutrition
Careers



WOULD YOU

Rather...?

Instructions

WOULD YOU RATHER, FOOD EDITION is a fun and interactive activity that can be used to build vocabulary, develop critical thinking skills, and evaluate student understanding of food-related concepts.

You can cut apart the cards and keep them in a deck on your desk. Shuffle the deck and use them any time students are between activities and need a change of pace. Or, place small stacks of cards at stations around the classroom, with students using them in pairs or small groups to inspire thoughtful discussion. You can also use them as writing prompts. As an extension activity, you can ask the questions orally, record and then graph student responses on the board. Alternatively, you can use these questions outside the classroom – for entertainment on long car rides or on field trips.

If you teach about food, agriculture or sustainability, these cards would be an excellent tool to evaluate student understanding of these topics before and after the unit.

Included in this activity are 2 pages with the questions in a list format for easy reference, along with 8 pages of question cards, broken into these categories:

Cooking: 1 page

Food & Fun: 2 pages

Sustainability: 1 page

Agriculture: 1 page

Health & Nutrition: 1 page

Food-related Careers: 2 pages

WOULD YOU Rather...?

Food Edition #1

Cooking:

1. Put anchovies on your pizza or sliced mushrooms
2. Cook or bake
3. Slice raw onions or take out the garbage
4. Make popcorn in the microwave or in a pot on the stove
5. Try making a new recipe or using one that you already know
6. Take a cooking class or watch cooking shows on TV

Food & Fun:

1. Drink lemonade on a cold day or hot cocoa on a hot day
2. Eat salty foods or sweet foods
3. Eat the same dessert every day or eat any fruit you want every day
4. If you had no hands, would you rather: eat like a dog or eat with your feet
5. Eat hot oatmeal for breakfast or eat cereal with milk
6. If you were a dinosaur, would you be a carnivore or an herbivore
7. Eat chocolate or vanilla
8. Put lemon juice + sugar on your pancakes or maple syrup
9. Eat finger food or forkfood?
10. Have a picnic or eat at a restaurant
11. Order from the menu or eat off the buffet
12. Eat crunchy or chewy snack foods

Sustainability:

1. Eat hamburgers every day for a year or enjoy the forest for 20 years
2. Use shopping bags from the grocery store or bring your own reusable bags from home
3. Use insects to eat pests on your crops or spray each plant with soapy water to keep bugs off?
4. Give up eating beef or be limited to one shower every 10 days
5. Stop eating cheese/dairy or only travel by bicycle to school
6. Use a paper napkin or a cloth napkin

WOULD YOU Rather...?

Food Edition #1

Farming & Agriculture:

1. Become vegetarian or hunt for your own meals yourself
2. Shop at the closest grocery store or shop at the farmer's market
3. Eat strawberries in the summer or in the winter
4. Catch fish from a boat (yourself) or eat it from a can
5. Dig in the soil with bare hands or with gloves
6. Would you rather live in a world without bees or butterflies

Health and Nutrition:

1. Give up Cheese or Ice Cream if the doctor told you to give up one fatty food
2. Eat in the school cafeteria or bring lunch from home
3. Go to McDonald's or go to Chipotle
4. End hunger or end bullying
5. Give up video games or junk food
6. Maintain a healthy weight by exercising more or changing what you eat

Careers:

1. Be the manager at a restaurant or be the chef
2. Serve the same menu nightly at a restaurant or make a new menu every few months
3. Be a crab fisherman in cold oceans or be a "shrimper" in the tropics
4. Teach others to cook or cook for others
5. Use your creative talents to design a new kitchen product or to decorate desserts for a restaurant
6. Sell quality cookware in a retail store or quality produce at the farmer's market
7. Get wool by shaving sheep or angora wool by combing rabbits
8. Create recipes and write a food blog or test someone else's recipes for a magazine
9. Become an expert on one type of cooking or be good at many cuisines
10. Be a server in a restaurant or bus dishes
11. Work at the cash register in a fast food restaurant or be a dish washer
12. Be a cookbook author or work at a publishing company on cookbook design

WOULD YOU Rather...?

Cook
or
Bake



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WOULD YOU Rather...?

Slice raw onions
or
Take out the garbage



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WOULD YOU Rather...?

Put anchovies
or
Sliced mushrooms
on your pizza



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WOULD YOU Rather...?

Make popcorn in the
microwave
Or
In a pot on the stove



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WOULD YOU Rather...?

Try making a new recipe
or
Using one that you already know



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WOULD YOU Rather...?

Take a cooking class
Or
Watch cooking shows on TV



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WOULD YOU Rather...?

Drink lemonade on a
cold day
Or
Hot cocoa on a hot day



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WOULD YOU Rather...?

Eat foods that are
Salty
Or
Sweet



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WOULD YOU Rather...?

Eat the same dessert every day
Or
Eat any fruit you want every day



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WOULD YOU Rather...?

Eat like a dog
Or
Eat with your feet...
if you had no hands



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WOULD YOU Rather...?

Eat hot oatmeal
Or
Cereal with milk
for breakfast



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WOULD YOU Rather...?

Be a carnivore
Or
An herbivore...
if you were a dinosaur



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WOULD YOU Rather...?

Eat treats that are
Chocolate
Or
Vanilla



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WOULD YOU Rather...?

Put maple syrup
Or
Lemon juice and sugar
on your pancakes



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WOULD YOU Rather...?

Eat finger foods
Or
Fork foods



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WOULD YOU Rather...?

Have a picnic
Or
Eat at a restaurant



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WOULD YOU Rather...?

Order from the menu
Or
Eat off the buffet



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WOULD YOU Rather...?

Eat crunchy snacks
Or
Chewy snacks



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WOULD YOU Rather...?

Eat hamburgers every
day for a year
Or
Enjoy the forest for 20
years



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WOULD YOU Rather...?

Use shopping bags from
the grocery store
Or
Bring your own reusable
bags from home



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WOULD YOU Rather...?

Use beneficial insects in the
garden to eat pests
Or
Spray each plant with soapy
chemicals to keep pests
away



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WOULD YOU Rather...?

Stop eating cheese
Or
Only travel to school on
your bicycle



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WOULD YOU Rather...?

Use paper napkins
Or
Cloth napkins



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WOULD YOU Rather...?

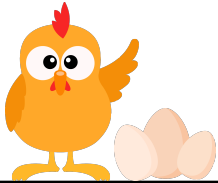
Give up eating beef
Or
Be limited to one shower
every 10 days



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WOULD YOU Rather...?

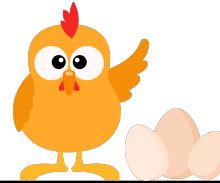
Become vegetarian
Or
Hunt for your own
meals



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WOULD YOU Rather...?

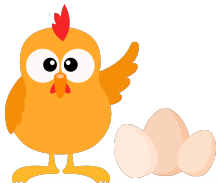
Shop at the closest
grocery store
Or
Shop at the farmer's
market



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WOULD YOU Rather...?

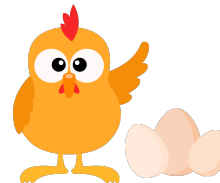
Eat strawberries...
in the summer
Or
in the winter



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WOULD YOU Rather...?

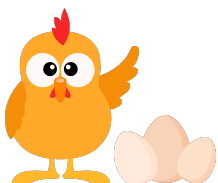
Eat tuna from a can
Or
Fish for it yourself



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WOULD YOU Rather...?

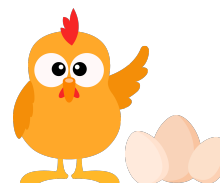
Dig in the soil
With bare hands
Or
With gloves



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WOULD YOU Rather...?

Live in a world without
Bees
Or
Butterflies



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WOULD YOU Rather...?

Give up cheese
Or
Ice cream...
If the doctor told you to
give up one fatty food



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WOULD YOU Rather...?

Eat in the school
cafeteria
Or
Bring lunch from home



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WOULD YOU Rather...?

Eat at McDonald's
Or
Chipotle



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WOULD YOU Rather...?

End hunger
Or
End bullying



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WOULD YOU Rather...?

Give up video games
Or
Junk food



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WOULD YOU Rather...?

Maintain a healthy weight by...
Exercising more
Or
Changing what you eat



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WOULD YOU Rather...?

Be the restaurant
manager
Or
The chef



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WOULD YOU Rather...?

Serve the same menu at
a restaurant every night
Or
Change the menu every
few months



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WOULD YOU Rather...?

Be a crab fisherman in
cold oceans
Or
Be a "shrimper" in the
tropical ocean



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WOULD YOU Rather...?

Teach others to cook
Or
Cook for others



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WOULD YOU Rather...?

Use your creative talents to...
Design a new kitchen product
Or
Decorate desserts for a fancy
restaurant



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WOULD YOU Rather...?

Sell quality cookware in a
retail store
Or
Quality produce at the
farmer's market



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WOULD YOU Rather...?

Get wool by shaving
sheep

Or

Get angora wool by
combing rabbits



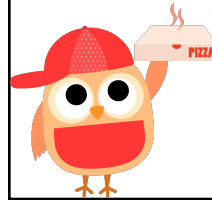
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WOULD YOU Rather...?

Create recipes and write a
food blog

Or

Test someone else's recipes
for a magazine



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WOULD YOU Rather...?

Become an expert on
ONE type of cooking

Or

Be good at cooking
many types of cuisines



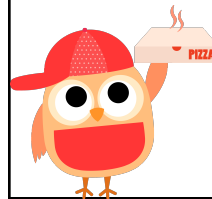
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WOULD YOU Rather...?

Be a server in a
restaurant

Or

Bus dishes



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WOULD YOU Rather...?

Work at the cash register

Or

Be a dish washer...
in a fast food restaurant



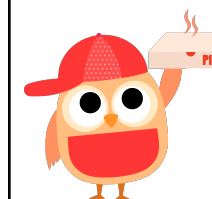
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WOULD YOU Rather...?

Be a cookbook author

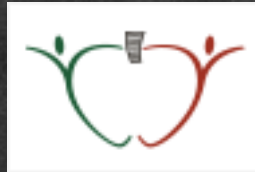
Or

Be a cookbook designer for a
publishing company



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please stay in touch and leave feedback on
my TPT store to earn credit towards free
products!



Please contact me if you would like
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